

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPA BECKENHAM		13.00 PRIME CYCLE 14.00 PRIME KEEP FIT 15.00 STRENGTH & STAB.			11.45 BEG LINE DANCING NEW 12.45 IMP LINE DANCING NEW
BECKENHAM PUBLIC HALL	10.00 KEEP FIT 11.00 DANCE FIT 12.00 STRENGTH & STAB.			10.00 KEEP FIT 11.00 PILATES 12.00 PARACISE 13.00 YOGA NEW	
CROFTON HALLS ORPINGTON	10.00 PILATES 11.00 LINE DANCE BEG NEW 12.00 KEEP FIT 13.00 FITSTEPS NEW 14.00 LINE DANCE NEW TIME 15.00 TAP NEW TIME	10.00 KEEP FIT 11.00 STRENGTH & STAB. 12.00 ZUMBA GOLD 13.00 CIRCUIT 14.00 PILATES			10.00 YOGA 11.00 GET FIT 12.00 STRETCH & TONE 13.00 ZUMBA GOLD 14.00 PARACISE
GREAT HALL CIVIC CENTRE BROMLEY			10.00 PARACISE 11.00 KEEP FIT 12.00 DANCE FIT 13.00 STRENGTH & STAB. 14.00 CIRCUIT 15.00 STRETCH & RELAX	10.30 LINE DANCE BEG 11.30 LINE DANCE IMP 12.30 DANCE FIT 13.30 STRENGTH & STAB	
WICKHAM HALLS Sussex Rd, W. Wickham	12.30 DANCE FIT NEW 13.30 LINE DANCE NEW 14.30 PILATES NEW		11.00 KEEP FIT NEW 12.00 STRENGTH & STAB. NEW 13.00 PARACISE NEW	12.30 KEEP FIT NEW 13.30 PILATES NEW 14.30 SOSA NEW CLASS	
BLUNDELLS Jail Lane, Biggin Hill	10.00 SENIOR CIRCUITS NEW 11.00 PILATES NEW 12.00 DANCE FIT NEW		11.00 KEEP FIT NEW 12.00 PARACISE NEW 13.00 YOGA NEW		
FARNBOROUGH VILLAGE HALL					10.00 DANCE FIT NEW 11.00 STRENGTH & STAB. NEW
APPERFIELD HALL Lebanon Gdns, B. Hill					13.00 KEEP FIT NEW 14.00 STRENGTH & STAB. NEW