



Darrick Wood Swimming Pool – Swimming Information Sheet

Telephone: - 01689 857 021

Monthly direct debit £22.50 member £25 non-member

50 sessions £230 member £262 non-member

10 sessions £71 non member's £63 members

Lessons run for 50 weeks of the year

For Adult prices please ask at Reception

Starfish Adult and baby 3 months – 18 months. Building water confidence.

Wednesday 10:30am

Thursday 10:00am

Starfish Adult and child 18 months – 3 years

Wednesday 11:00am

Thursday 10:30am

Ducklings 3 – 5 years pre-school age children

Monday 13:00pm

Tuesday 13:00pm

Wednesday 13:00pm

Thursday 13:00pm

Friday 10:30 and 13:00pm

Saturday 13:00pm

Sunday 13:00pm and 13:30pm

Grade 1&2 4 years + unable to swim without aids

Monday 16:00pm and 17:00pm

Tuesday 16:00pm, 16:30pm and 17:30pm

Wednesday 16:00pm and 16:30pm

Thursday 16:30pm and 17:30pm

Friday 16:00pm, 16:30pm and 17:30pm

Saturday 9:00am, 10:00am, 10:30am, 12:00pm and 12:30pm

Sunday 12:30pm and 13:00pm

Grade 3&4 Confident with face in water, with over arm action on front and can swim on back for 5 meters without floats.

Monday 16:30pm and 17:30pm

Tuesday 17:00pm and 18:00pm

Wednesday 17:00pm and 17:30pm

Thursday 17:00pm and 18:00pm

Friday 17:00pm and 18:00pm

Saturday 9:30am, 10:30am and 11:00am

Sunday 13:30pm and 14:00pm

Deep End Lessons

Grade 5 & 6

Deep water beginners

Able to swim 10 meters front crawl, backstroke and breast stroke and have basic knowledge of butterfly legs

Monday	16:30pm and 17:30pm
Tuesday	16:00pm, 16:30pm and 17:30pm
Wednesday	16:00pm and 16:30pm
Thursday	16:30pm and 17:00pm
Friday	16:00, 16:30pm and 18:00pm
Saturday	9:00am, 10:00am, 10:30am and 12:00pm
Sunday	14:00pm

Grade 7

Able to swim 20 meters front crawl, backstroke, breast stroke and butterfly

Monday	16:00pm and 17:00pm
Tuesday	17:00pm and 18:00pm
Wednesday	17:00pm and 17:30pm
Thursday	17:30pm and 18:00pm
Friday	17:00 and 17:30pm
Saturday	9:30am and 11:00am
Sunday	12:30pm and 14:30pm

Grade 8 & 9

A lengths class, able to swim 50 meters continuously front crawl, backstroke, breast stroke and butterfly

Monday	18:00pm and 18:30pm
Tuesday	18:30pm
Wednesday	18:30pm
Thursday	18:00pm, 18:30pm and 19:00pm
Friday	17:00pm and 18:30pm
Saturday	11:30am and 13:30pm

Adults

Beginners and Intermediate

Tuesday	11:00am (Shallow and Deep class)
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Additional

Needs

Sunday	14:30pm (Shallow end class)
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