

Healthy Early Years Award

Mytime Active supports early years settings across the boroughs of Hammersmith & Fulham, Kensington & Chelsea and Westminster working to achieve their Healthy Early Years award. . Co-ordinated by the Health Education Partnership, the award covers four areas: Healthy eating, physical activity, safety, and emotional well-being and encourages early years settings to develop and deepen their focus in these areas to support the attainment, achievement and happiness of children, parents/carers, staff and the wider community. The award scheme works hard to complement national policy and local guidelines and strengthen the good work already being done within our local children's centres and nurseries.

Creating a supportive and protective environment is at the core of the Healthy Early Years award Mytime Active offers a range of support for settings across bronze, silver and gold awards, specifically for the healthy eating and physical activity components. If you have registered and are working towards an award please contact the early years team to discuss the advice and training on offer.

Get involved

If you are interested in taking part please register your setting with the Healthy Early Years Awards using the online link below.

https://www.research.net/r/HEY_Registration

One of the team will then be in touch to set up a meeting at a convenient time, to take you through the process and evidence required for the Healthy Early Years Bronze Award.

If you require further information please contact **Anna Brennan-Craddock**:
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