

Healthy Schools Award

As the main provider of public health and nutrition support for schools in the three boroughs, we will support schools with their healthy eating and physical activity plans in order to achieve their bronze, silver or gold Healthy Schools Awards.

Ofsted Inspections

Under the new Common Inspection Framework, from September 2015, Ofsted will inspect the ethos and culture of food in school. They will require evidence on how pupils stay healthy, through food provision and food education. Schools with a whole school approach working towards their Healthy Schools Awards will be able to demonstrate their commitment to health and nutrition.

School Food Plan

Our programmes will also help your schools achieve a number of actions laid out by the School Food Plan. These include support with Cooking in the Curriculum and Nutrition in Education for KS1 – KS3 through teacher inset workshops and support with developing a Whole school food policy which will outline your schools commitment to healthy food and nutrition throughout the school day.

We can offer schools expert support and guidance in the following areas:

- An initial meeting from our nutrition and physical activity team to offer support and guidance to schools taking a whole school approach to healthy eating as part of Healthy Schools Partnership.
- Support with Whole School Food Policies
- Whole school assemblies for the children on healthy eating.
- Packed lunch audits and support with dining room experience.
- Pupil workshops delivered for all classes, tailored to the needs of a school. ie. fruit and vegetable tasters sessions, interactive learning and healthy eating activities.
- Healthy eating workshops for parents and carers to support healthy choices made at home.
- Cooking in the Curriculum; a practical session to support school staff to deliver the requirements of the new Design and Technology Association (DATA) curriculum during practical cooking sessions for KS1-KS3.
- Workforce training for your school staff. Modules include Obesity the Whole Picture and Raising the Issue of Weight, Nutritional Guidelines, Active Health, Delivering Physical Activity, Cooking on a budget and Active Playtimes in Schools .
- Healthy eating information for schools website or newsletter.
- Signposting to resources and local organisations.

If a school would like further information or to sign up the Healthy Schools Awards please follow the link: <http://www.healtheducationpartnership.com/triBhealthyschools.aspx>

Bronze Schools

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Silver and Gold Schools:

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